

Metabolic Monitoring for Children and Adolescents on Antipsychotics (APM and APM-E)

New for 2023

Updated

- Members who died during the measurement year is now a required exclusion

Definition

Percentage of children and adolescents ages 1–17 who had 2 or more antipsychotic prescriptions and had metabolic testing.

Three rates are reported:

- The percentage of children and adolescents on antipsychotics who received blood glucose testing
- The percentage of children and adolescents on antipsychotics who received cholesterol testing
- The percentage of children and adolescents on antipsychotics who received blood glucose and cholesterol testing



This measure is also an ECDS measure



Yes!

Supplemental Data Accepted

Plan(s) Affected	Quality Program(s) Affected	Collection and Reporting Method
<ul style="list-style-type: none"> Commercial Medicaid 	<ul style="list-style-type: none"> NCQA Accreditation NCQA Health Plan Ratings Select State Medicaid Reporting 	Administrative <ul style="list-style-type: none"> Claim/Encounter Data Pharmacy Data

Codes

The following codes can be used to close HEDIS® numerator gaps in care; they are not intended to be a directive of your billing practice.

Glucose Test	
CPT®/CPT II	80047, 80048, 80050, 80053, 80069, 82947, 82950, 82951
LOINC	10450-5, 1492-8, 1494-4, 1496-9, 1499-3, 1501-6, 1504-0, 1507-3, 1514-9, 1518-0, 1530-5, 1533-9, 1554-5, 1557-8, 1558-6, 17865-7, 20436-2, 20437-0, 20438-8, 20440-4, 26554-6, 41024-1, 49134-0, 6749-6, 9375-7
SNOMED	22569008, 33747003, 52302001, 72191006, 73128004, 88856000, 104686004, 167086002, 167087006, 167088001, 167095005, 167096006, 167097002, 250417005, 271061004, 271062006, 271063001, 271064007, 271065008, 275810004, 302788006, 302789003, 308113006, 313474007, 313545000, 313546004, 313624000, 313626003, 313627007, 313628002, 313630000, 313631001, 313697000, 313698005, 313810002, 412928005, 440576000, 443780009, 444008003, 444127006, 166890005, 166891009, 166892002, 166914001, 166915000, 166916004, 166917008, 166918003, 166919006, 166921001, 166922008, 166923003, 442545002, 44478000
HbA1c Test	
CPT®/CPT II	83036, 83037, 3044F, 3046F, 3051F, 3052F
LOINC	17856-6, 4548-4, 4549-2
SNOMED	17856-6, 4548-4, 4549-2

(Codes continued)

Metabolic Monitoring for Children and Adolescents on Antipsychotics (APM and APM-E)

Codes

The following codes can be used to close HEDIS® numerator gaps in care; they are not intended to be a directive of your billing practice.

Cholesterol Test Other Than LDL

CPT®/CPT II	82465, 83718, 83722, 84478
LOINC	2085-9, 2093-3, 2571-8, 3043-7, 9830-1
SNOMED	214740000, 28036006, 77068002, 104583003, 104584009, 104586006, 104784006, 104990004, 104991000, 121868005, 166832000, 166838001, 166839009, 166849007, 166850007, 167072001, 167073006, 167082000, 167083005, 167084004, 271245006, 275972003, 314035000, 315017003, 390956002, 412808005, 412827004, 443915001, 166830008, 166831007, 166848004, 259557002, 365793008, 365794002, 365795001, 365796000, 439953004, 442193004, 442234001, 442350007, 442480001, 707122004, 707123009, 67991000119104

LDL-C Test

CPT®/CPT II	80061, 83700, 83701, 83704, 83721, 3048F, 3049F, 3050F
LOINC	12773-8, 13457-7, 18261-8, 18262-6, 2089-1, 49132-4, 55440-2, 96259-7
SNOMED	113079009, 166833005, 166840006, 166841005, 167074000, 167075004, 314036004

Required Exclusion(s)

Exclusion	Timeframe
<ul style="list-style-type: none"> Members in hospice or using hospice services Members who died 	- Any time during the measurement year



Important Notes

Medical Record Detail Including, But Not Limited to

- | | |
|---|--|
| <ul style="list-style-type: none"> A member must have metabolic screening tests that measure both blood glucose and cholesterol. Individual tests to measure cholesterol and blood glucose levels can be done on the same or different dates of service. | <ul style="list-style-type: none"> Glucose test or HbA1c test and Cholesterol lab test LDL or LDL-C lab test |
|---|--|

Metabolic Monitoring for Children and Adolescents on Antipsychotics (APM and APM-E)

Tips and Best Practices to Help Close This Care Opportunity:

- This measure focuses on appropriate monitoring for children prescribed antipsychotic medications.
- Schedule an annual glucose or HbA1C and LDL-C or other cholesterol test.
- Assist caregiver in understanding the importance of annual screening.
- Behavioral Health Screening Tools and Resources: providerexpress.com
- Patient Education Information: liveandworkwell.com > Browse as a guest with company access code > Use access code "clinician" > Explore and Learn
- The use of CPT® Category II codes helps UnitedHealthcare identify clinical outcomes such as HbA1c level. It can also reduce the need for some chart review.
- Lab tests visits can be accepted as supplemental data. Please contact your UnitedHealthcare representative to discuss clinical data exchange opportunities.